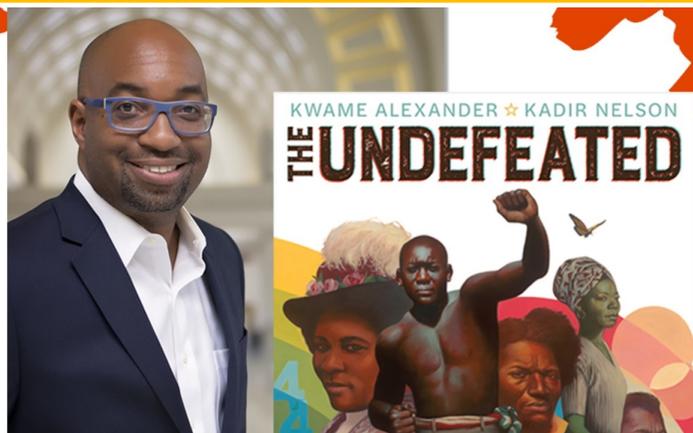


**Watch and Listen** to author Kwame Alexander [read](#) his book, *The Undeclared*

**Expand your own knowledge** [about historical figures in \*The Undeclared\*](#).

**Note:** parents, this companion piece was created from the footnotes in the back of the book and we have included real images and difficult topics. We recommend you view this [file](#) on your own first before looking through with your child.



## **Activity Suggestions:**

**Make a collage** inspired by the work of [Romare Bearden](#).

**Listen** to some [smooth jazz](#) from some of the greats mentioned in today's book! Have you heard any of these tunes before? How do they make you feel? Does your body want to move a certain way?



**Try poetry yourself with these fun lessons from today's author!**

[Learn the Ingredients of a Poem](#) or [Learn about Haiku](#)

## **Connections with other inspiring folks in the book:**

Do you like to run like Wilma? Have you ever tried tennis like Althea or Serena? Maybe you are more of an artist who likes to make animals out of clay like Augusta Savage, or paint like [Aaron Douglas](#)? What can you do that is creative today? How can you shine your light in this world?



## **Discussion**

Describe a person you know or have learned about who overcame an obstacle or challenge in his or her life? What do you most admire about that person? Why?

How does the ability to be resilient affect the quality of our lives?

What are the positives and negatives of being resilient? When is it important to feel vulnerable, afraid, and reach out to others for support?

What skills do you possess that help you be resilient? (bravery, determination, flexibility, grit, initiative, perseverance, self-confidence) What skills would you like to improve?

How do people learn to develop resilience?